

Lambert Brothers Paving responds to COVID-19: Workplace Health & Safety

Educating Employees About COVID-19

Lambert Bros. Paving shall insure that our employees are aware of the seriousness of Coronavirus (COVID-19) and steps they can take to avoid the spread of the disease. Individuals experiencing symptoms such as fever (especially if greater than 100), cough (often dry), body aches/headache, shortness of breath, runny/stuffy nose, chills, and general fatigue must NOT report to work. Depending on the severity of your symptoms, call your healthcare provider. See [CDC's guidelines if you are sick](#). OSHA requires employers to identify, assess, and mitigate/prevent/control workplace hazards. As part of this process, Lambert Bros. Paving management will communicate with their team about COVID-19, recognizing that workplace environments differ across each business sector.

Resources for educating employees on Coronavirus (COVID-19)

- [Coronavirus \(COVID-19\) Disease and You](#)
- [What to do if you are sick with Coronavirus \(COVID-19\)](#)
- [Raise awareness in your workplace on the importance of hand washing with educational resources and print-ready materials.](#)

Preventing the Spread at the Plant and on the Jobsite



The coronavirus, which can remain virulent in the air and on hard surfaces, is easily transmitted. To reduce transmitting the disease, public health agencies and governments emphasize – and in many

cases mandate – social distancing and discourage the congregation of groups. Individuals who must work closely to each other during physically demanding activities could be at increased risk for contracting and further spreading COVID-19. To help “[flatten the curve](#)” and prevent the spread of the coronavirus, "Do the Five" [credit: Google], with additional CDC recommendations, as indicated below:

- HANDS: Wash them often
- ELBOW: Cough into it
- FACE: Don't touch it
- FEET: Stay more than 6 feet apart
- FEEL sick? Stay home

Since paving work occurs outdoors with limited water (and soap) sources, NAPA provides the following important considerations:

- Employees should have access to, at a minimum, disinfectant wipes, gels, and/or other materials that can help prevent the virus's spread. If soap and water are not available, clean your hands with commercially available hand sanitizer appropriate for skin and containing at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry ([CDC recommendation](#)).
- Attention should be paid to [good hand-washing techniques](#).
- Clean and disinfect frequently touched surfaces of equipment and vehicles often and at the beginning of each day or shift. Pay special attention to handles of tools (e.g., shovels and lutes), controls, and door or faucet handles.
- Clean hard surfaces with rubbing alcohol solutions (at least 70%) or commercially available disinfectants that are [EPA-approved](#). Encourage employees to be mindful of ventilation while disinfecting surfaces.
- If you are unsure whether a hard, touchable surface has been disinfected, clean it before you touch it, and then clean it again after you are done.
- Wearing cloth or leather gloves that might absorb viral droplets and are bulky enough to discourage individuals from touching their face.
- Conduct disinfection drills to ensure all equipment has been thoroughly disinfected at the beginning of the day or shift.
- Assume everyone you come into contact with, including yourself, has the coronavirus. Social distancing, keeping your hands and face clean, not touching your face, and disinfecting touchable surfaces are easy and effective ways to prevent the spread.

Additional Best Practices for the Asphalt Industry

Listed below are some additional suggested practices and recommendations compiled from industry submissions, government agencies, and other trade associations. Consider implementing to minimize contracting or transmitting COVID-19, in addition to those recommendations listed above. These will be

updated and/or revised as needed:

- Minimize or eliminate face-to-face training and meetings.
- Provide hand sanitizer (60% alcohol minimum) or a handwashing station
- Minimize or eliminate visitation with non-essential individuals.
- Minimize or eliminate employee ride-sharing. If necessary, ensure no more than two individuals per vehicle. Ensure adequate ventilation, preferably fresh air, during the vehicular transportation of employees.
- Minimize or eliminate transfer of paper tickets or cash. Be careful using control panels and ensure the surface is clean or disinfected.
- Minimize or eliminate sharing of pens.

- Attempt to use/drive the same truck, piece of equipment, or tool; ensure it is disinfected after use.
- Request third-party haulers to remain in their vehicles, if possible.
- Segregate hired personnel such as truck drivers, surveyors, etc from our paving crew.
- Maintain social distancing as much as possible, do not shake hands, or kiss and do not congregate.
- In lieu of using a common source of drinking water, consider individual water bottles.
- Coronavirus-free declarations: asking site workers and visitors to declare before entering the site that they are not at risk of COVID-19. If in doubt, sites should be closed to non-business critical workers/visitors.

Thanks to: NAPA

Dr. Howard Marks, Vice President for EH&S for the suggestions and links in this report.